

# **POLICY 3** FIRST AID

- III Student
- Medication
- Asthma
- Diabetes
- · Hepatitis/ HIV

### **FIRST AID & ILL Student**



# Help for non-English speakers

If you need help to understand the information in this policy, please contact Gordon Primary School on 03 5368 9223 or gordon.ps@education.vic.gov.au.

# **Purpose**

To ensure the school community understands our school's approach to first aid for students.

### Scope

First aid for anaphylaxis is provided for in our school's Anaphylaxis Policy and asthma in our Asthma Policy.

# **Policy**

This policy should be read with Gordon Primary School's *First Aid, Administration of Medication, Asthma* and *Anaphylaxis* policies.

From time-to-time staff might need to administer first aid to students at school or school activities.

Parents/carers should be aware that the goal of first aid is not to diagnose or treat a condition.

#### **Staffing**

The Principal will ensure that has sufficient staff with the appropriate levels of first aid training to meet the first aid needs of the school community.

Our school's trained first aid officers are listed in our Emergency Management Plan (EMP). Our EMP includes the expiry dates of the training.

This list is reviewed on an annual basis as part of the annual review of our Emergency Management Plan.

#### First aid kits

Gordon Primary School will maintain:

- A major first aid kit which will be stored at the front office.
- 1 portable first aid kit which may be used for excursions, camps, or yard duty. The portable first aid kit will be stored:
  - In the front office

First aid officer will be responsible for maintaining all first aid kits, ensuring they are managed in accordance with the Department's policy and guidance on first aid kits – refer to First aid kits.

#### **Care for ill students**

Students who are unwell should not attend school.

If a student becomes unwell during the school day, they may be directed to the front office and monitored by staff. Depending on the nature of their symptoms, staff may contact parents/carers or an emergency contact person to ask them to collect the student.

First aid management

If there is a situation or incident which occurs at school or a school activity which requires first aid to be administered to a student:

- Staff who have been trained in first aid will administer first aid in accordance with their training. In an emergency situation, other staff may assist in the administration of first aid within their level of competence.
- In a medical emergency, staff may take emergency action and do not need to obtain parent/carer consent to do so. Staff may contact Triple Zero "000" for emergency medical services at any time.
- Staff may also contact NURSE-ON-CALL (on 1300 60 60 24) in an emergency. NURSE-ON-CALL provides immediate, expert health advice from a registered nurse and is available 24 hours a day, 7 days a week.
- If first aid is administered for a minor injury or condition, Gordon Primary School will notify parents/carers via compass email or phone call
- If first aid is administered for a serious injury or condition, or in an emergency situation, school staff will attempt to contact parents/carers or emergency contacts as soon as reasonably practical.
- If staff providing first aid determine that an emergency response is not required but that medical advice is needed, school staff will ask parents/carers, or an emergency contact person, to collect the student and recommend that advice is sought from a medical practitioner.
- Whenever first aid treatment has been administered to a student Gordon Primary School will:
  - o record the incident on Compass software
  - if first aid was administered in a medical emergency, follow the Department's <u>Reporting and Managing School Incidents Policy</u>, including reporting the incident to the Department's Incident Support and Operations Centre on 1800 126 126 where required to under that policy.

In accordance with guidance from the Department of Education, analgesics, including paracetamol and aspirin, will not be stored at school or provided as a standard first aid treatments. This is because they can mask signs of serious illness or injury.

#### COMMUNICATION

This policy will be communicated to our school community in the following ways:

- Available publicly on our school's website
- Included in staff induction processes and staff training
- Hard copy available from school administration upon request

#### FURTHER INFORMATION and resources

This policy should be read in conjunction with the following policies on the Department's Policy and Advisory Library (PAL):

- First Aid for Students and Staff
- Health Care Needs
- Infectious Diseases
- Blood Spills and Open Wounds
- Medication
- Syringe Disposals and Injuries
- Anaphylaxis
- Asthma
- OHS Management System (OHSMS) Employee Health, Safety and Wellbeing

The following school policies are also relevant to this First Aid Policy:

- Administration of Medication Policy
- Anaphylaxis Policy
- Asthma Policy Policy 3\_First Aid

• Duty of Care Policy

# **Policy REVIEW and Approval**

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Policy last reviewed	13 <sup>th</sup> February 2025
Approved by	Principal
Next scheduled review date	Before March 2029

APPENDIX Appendix A: Asthma First Aid

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# **Asthma First Aid**

# Sit the person upright

- Be calm and reassuring
- Do not leave them alone



# Give 4 separate puffs of blue/grey reliever puffer

- Shake puffer
- Put 1 puff into spacer
- Take 4 breaths from spacer

Repeat until 4 puffs have been taken

Remember: Shake, 1 puff, 4 breaths

OR Give 2 separate doses of a Bricanyl inhaler (age 6 & over) or a Symbicont inhaler (over 12).



# Wait 4 minutes

 If there is no improvement, give 4 more separate puffs of blue/grey reliever as above

(OR give 1 more dose of Bricarryl or Symbicort inhaler.)



# 4 If there is still no improvement call emergency assistance (DIAL 000)

- Say 'ambulance' and that someone is having an asthma attack
- Keep giving <u>4 separate puffs</u> every <u>4 minutes</u> until emergency assistance arrives

(OR 1 dose of Bricarryl or Symbicort every 4 minutes — up to 3 more doses of Symbicort).



#### Call emergency assistance immediately (DIAL 000)

- If the person is not breathing
- If the person's asthma suddenly becomes worse, or is not improving
- If the person is having an asthma attack and a reliever is not available
- If you are not sure if it's asthma
- If the person is known to have Anaphylaxis follow their Anaphylaxis Action Plan, then give Asthma First Aid.

Blue/grey reliever medication is unlikely to harm, even if the person does not have asthma



Contact your local Asthma Foundation 1800 ASTHMA (1800 278 462) asthmaaustralia.org.au

4. Asthma Australia 2014 Supported by the Australian Government



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